

3-D Explosion Supply List

2 day workshop

Cara Gulati

In this class you will design your own 3-D Explosion quilt. You will learn to draw your design, make your pattern, choose your fabrics and then sew them together into your own unique design. Please keep in mind that you are making an art quilt. If you can, bring more fabric choices than you think you will need so that you can change your mind. The design and size of your project will determine how much and what fabrics you will use. Get ready to have fun!



- 1) Four or five sharpened Lead Pencils.
- 2) Cheap pencil sharpener.
- 3) Eraser. It can be on the end of your pencils!
- 4) Sharpie or other felt-tipped marker.
- 5) Ruler, 24" minimum.
- 6) Drawing Paper: I prefer large pads of *white* paper. You will find that the larger your paper is, the easier it is for you to loosen up and draw some great swirls. 14" X 17" is the minimum size that I prefer. Larger is better. You may choose what you like, keep in mind that sketch paper is less expensive and you will want to erase on it. I prefer white rather than newsprint. You will find this paper at an art supply store.
- 7) Freezer Paper: Found in the local grocery store. Bring a new roll if you like to work big.
- 8) Masking tape, a new roll. Please don't bring painters tape.
- 9) A few of dollars for the copy store to have them enlarge your drawing for you. You may also tape sheets of your paper from your drawing paper pad together and draw your drawing the finished size you desire.
- 10) Paper scissors.
- 11) Fabric scissors.
- 12) Pins.
- 13) Glue stick, water-soluble.
- 14) Stiletto.
- 15) Invisible thread.
- 16) Iron and ironing board.
- 17) Fabric: Much of the success of your 3-D quilt will come from your fabric choices. **Stripes** are a wonderful way to go for one side of your scroll. *Bring straight stripes and avoid the wavy ones for this project, as straight stripes will make your project more successful.* You will have odd shaped pieces, so bring at least a **two-yard piece** for this. You will need the room on the fabric to choose where you want your pattern pieces to lay. For the other side of the scroll, pick a **color gradation set** (same color with light to dark values) that contrasts with your stripe. Depending on your design, you will probably need **6 to 8 steps**, either all one color (light to dark) or 3-4 steps each of two different colors (each set light to dark). Keep in mind that you don't know how big your quilt will be. I would advise against fat quarters, stick to **½ yards** (or larger) so you have something larger to work with. If you have no idea what to do, bring everything you think you might want to use.
- 18) A portable design wall is essential. It can be a Wonder Wall or you can make your own out of oil cloth or flannel. It should be at least 45" square.
- 19) Sewing machine (Cleaned and oiled) with zig zag capabilities and an extension table. You may not need it the first day, so you can leave it in your car.
- 20) Open-toed embroidery foot (#20 for Bernina).
- 21) If you tend to work fast, you may need a couple of towels to help with the removal of the paper from the back of your top on the second day.
- 22) Light box.
- 23) 3-D Explosion book is helpful, but not required. It will be available for \$19.95+tax.

Thank you for signing up for this class. Even if you are afraid to draw, you will be successful at this! I am happy to answer any questions if you would like to give me a call. Please call after 9AM and before 8PM at 415-662-2121 or e-mail me at DesignBear@aol.com. See more of my work at www.doodlepress.com Cara Gulati